ILLINOIS ASSOCIATION FOR
Infant Mental Health

# Executive Summary

## Acknowledgements

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The ILAIMH IECMH Competencies represent the culmination of many years of work by multiple individuals, some of whom made pivotal and continuous contributions; other contributors moved in and out of the effort over time. We are grateful to everyone who participated in the development and production of these Competencies, both the original version (2013) and the revised one (2025).

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- The IECMH professionals who volunteered many hours to discuss, write and think about effective ways to impart the essential and broad knowledge of this field to practitioners from multiple disciplines working in different roles and settings.

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Original Competencies Contributors: 2009-2013

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**Lynn R. Liston**, M.S. Ed., I/ECMH-C, Project Director, 2008-2024. Lynn's leadership and dedication to IECMH knowledge and practice brought ILAIMH's Credential project to life. Working in collaboration with ILAIMH Board members, Lynn made important and lasting contributions to this project from the initial vision, planning and implementation to recruitment and credentialing of ten cohorts of Illinois practitioners.

**Ida Cardone**, Ph.D., the first author of the Competencies, was an early leader in the field of Infant Mental Health in Illinois. Ida's vital contributions helped to fully launch this aspect of the Credential project. Ida listened carefully to the input of many contributors, conducted a thorough review of the literature, brought her own experience and reflections, integrated many ideas into a beautifully written introduction and created a first draft of these Competencies which was the basis for expansion by an editing/writing group.

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